

**Vision
Plan, Advocate, Evaluate**

To advocate for a system that supports persons impacted by mental disorders on their journeys to achieve the highest quality of life possible by promoting evidence-based, cost-effective, individualized mental health services.

Mental Health Planning and Advisory Council
March 12, 2003
Holiday Inn, SeaTac

Approved: May 14, 2003

In attendance: Gil Thurston, Chair, Joann Freimund, Vice-Chair, Graydon Andrus, Jeanette Barnes, Roger Bauer, BJ Cooper, Diane Eschenbacher, John Fisher, Alan Himsl, Becky Kellas, David King, Sondra Martin, Jean Pond, Bonnie Scott, Judith Stormbreaker, Dorothy Trueblood, Mel Watt, Josselyn Winslow.

Absent (excused): Pat Calf-Looking, Lou Colwell, Candy Manke, Janet SooHoo, Paula Zamudio.

Absent (unexcused): Glenn Graves.

MHD Staff: Kathy Burns Peterson, Karl Brimmer, Andy Toulon.

Guests: Barb Putnam (Children's Subcommittee); Eleanor Owen (Planning Subcommittee), Molly Thorpe (substituting for Pat Calf Looking).

The meeting was called to order at 9:30 a.m. by Gil Thurston, Chair. The agenda was reviewed and additions were made.

“Way To Go” awards

No awards were proposed at this time. Gil provided a copy of the letter sent to Aubrey Cohen from the Bellingham Herald from the January meeting action item.

Gil discussed the survey he received on training of Council Chairs from the National Association of Mental Health Planning and Advisory Councils (NAMHPAC). He completed the survey and has been asked to be on a Committee on this issue. He has also received a request for Council participation on NAMHPAC Board.

Review of February 12, 2003 meeting minutes:

The minutes from the February 12, 2003 meeting were amended, approved and accepted. Alan Himsl also provided a brief update on interpreter services being provided by MAA.

He will provide an update at the next meeting on that issue. The minutes will be posted on the MHD website.

Review of February 12, 2003 action items:

1. Kathy Peterson will follow up with the MH Provider Council on logistics for coordination of the June meeting in Yakima.

Disposition: The evening of Wednesday, June 25 is available for a Council meeting. Council members are also invited to attend a presentation by Charles Curry on Wednesday afternoon. The Program/Planning Subcommittee discussed this information and is recommending an evening meeting on June 25 in Yakima. Travel and hotel arrangements need to be taken care of early.

<u>ACTION:</u> Kathy Peterson will follow-up with arrangements for the Council to meet from 5 to 9 on June 25 in Yakima for a dinner meeting.
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<u>ACTION:</u> Each Council member needs to provide information to Kathy Peterson about attending the Council meeting and Behavioral Healthcare Conference in Yakima so that arrangements can be made.

2. Use of a medication algorithm was referred to the Consumer Roundtable (April 11) and the special population Subcommittees for review and a statement of pros and cons before the March 12 MH Council meeting.

Disposition: Pending.

3. Kathy Peterson will arrange to have copies of the MH Council brochure printed for distribution.

Disposition: Ron Sterling again took care of making copies of the brochure (Thank you! Thank you!). Wendy Long arranged for the brochure to be delivered to key Legislators. No further action is required.

4. Each of the special population Subcommittees needs to review proposed legislation and provide input to the Legislative Subcommittee with any concerns.

Disposition: The Children's Subcommittee provided excellent information on proposed legislation. This has been incorporated into the Legislative Subcommittee analysis. No further action is required.

5. The Legislative Subcommittee will prepare a list of MH Council positions on the various Legislative bills being considered and will provide that list to the Council members.

Discussion: The Legislative Subcommittee provided a summary on the proposed Council position on pending legislation. (**handout**)

- **SB 5946:** Creating an office of the mental health ombuds is supported by the Council, but not with funding from the MHD Office of Consumer Affairs and the Quality Review Teams.

- HB 1010 and HB 1320: Although the Subcommittee supports raising the age of consent to 16, the Subcommittee is proposing a position of non-support these bills because of system implications.
- SB 5223: The Council supports advance directives but not this bill because of other implications.
- HB 1767: Support this bill on forensic competency examination.
- HB 1828: Mental Health Parity bill is supported, but the bill has died.

Disposition: Moved, seconded and passed to accept the recommendations on proposed legislation as proposed by the Legislative Subcommittee. No further action is required.

6. The MHPAC letterhead and brochure will be revised to reflect the revised Council Vision, Mission and Goals, as amended at the meeting.

Disposition: The letterhead has been revised, and the brochure will be revised when it is printed again. No further action is required.

7. Kathy Peterson will finalize the Federal Block Grant plan modification request to the Center for Mental Health Services for Karl Brimmer's approval and signature. Gil Thurston will write a letter of support, as required by the Federal guidelines.

Disposition: The modification request letter has been submitted to the Center for Mental Health Services. Gil Thurston has written a letter of support for the Council.

Handouts.

<p>ACTION: WIMIRT East will be asked to provide an overview at the May 14 Council meeting on the literature search on best practices for serving special populations.</p>
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8. Kathy Peterson will submit the format for the RSN contract term pertaining to the Federal Block Grant plan and report to the MHD for inclusion in the RSN contract.

Disposition: Draft language for the RSN contract term pertaining to Federal Block Grant funds was submitted to Steve Norsen. **(handout)** No further action is required.

9. Joann Freimund, Kathy Peterson, and Judy Hall will finalize the service excellence award letter and nomination form based on the input provided.

Disposition: The service excellence award letter and nomination form have been finalized and mailed to interested persons. **Handout.** No further action is required.

10. The issue of performance indicators was delegated to the Program Planning Subcommittee for action. The four special population Subcommittees will provide input to Joann Freimund by March 3.

Discussion: Judy Hall provided an overview to the Program Planning Subcommittee on the performance indicator initiatives that are ongoing. The Center for Medicare/Medicaid Services (CMS) indicators, called QAPIs, are limited to one clinical and one non-clinical indicator that RSNs must monitor and work through quality improvement projects. The RSNs decided to select one clinical and one non-clinical indicator that would be used by everyone. The Performance Indicator Workgroup designed these indicators and they are not related to outcomes.

The statewide performance indicator report for this year will include outcome indicators for employment and living situation. As we develop the consumer outcome system we will have outcome indicators like: illness self-management, symptom reduction, improved functioning (including family and social functioning), decreased substance use and decreased side effects.

Disposition: No further action is required.

11. Karl Brimner will confer with Judy Hall on pursuing a study to determine the impact of not serving persons who are not eligible for the Medicaid program, including the impact on minorities and placement decisions. He will also discuss the concern about the cost of inpatient care for people who cannot obtain medications.

Disposition: Judy Hall provided input to the Program/Planning Subcommittee on the feasibility of pursuing a study to determine the impact of not serving persons who are not eligible for the Medicaid program. Some of these concerns are addressed through the Prevalence Study and can also be measured through changes in involuntary hospitalizations. However, a separate study would be needed to fully research this complex issue, particularly if it were to include cost estimates. The blueprints study prepared by the Washington Community Mental Health Council does provide information that may be useful. It would be extremely difficult to measure the cost of inpatient care for persons who cannot obtain medications. No further action is required.

12. A report on the Expanding Community Support (ECS) program will be provided at the March 12 MH Planning Council meeting.

Disposition: Andy Toulon will present an update on the Expanding Community Support (ECS) program at the March 12 Council meeting (**handout**). No further action is required.

13. A report on the Level of Care guidelines will be provided at the March 12 MH Planning Council meeting.

Disposition: Roger Bauer and Graydon Andrus provided an update on the Level of Care guidelines workgroup. **Handout.** No further action is required.

ACTION: All Subcommittee Chairs need to submit a membership roster for approved by the Council at the May 14 meeting.

Legislative/Administrative Subcommittee:

Gil Thurston reviewed the minutes of the March 11 Subcommittee meeting. The Subcommittee prepared a list of Council positions on proposed legislation. The list was presented for Council action (see Action Item # 5). The next meeting of the Subcommittee will be May 13.

Program/Planning Subcommittee:

Joann Freimund reviewed the minutes of the March 5 Subcommittee meeting (**handout**). The Subcommittee reviewed the Council Goals statement and is proposing to delete Goal #4 "Promote understanding of mental health issues." It was moved, seconded and passed

to delete Goal #4. There was also discussion about changing the word “recovery” in Goal #6. Goal #6 will be re-numbered as Goal #5 and restated as follows: “Ensure individualized and tailored care becomes the norm for service delivery to promote recovery or optimal functioning in order to reduce the incidences of homelessness, criminalization, unnecessary hospitalization, and other undesirable outcomes.”

ACTION: Kathy Peterson will update the Council Goal statement as amended.

Joann also reviewed the proposed agenda and activities for the August 13 All-Stakeholder meeting. The morning will be devoted to Children’s issues and awards, and an afternoon presentation on Co-Occurring Disorder topics, which is the award category for the 2004 All-Stakeholder meeting. The next meeting of the Subcommittee will be May 6.

Children/Youth Subcommittee:

Barb Putnam reviewed the minutes from the February 24 Subcommittee meeting (**handout**). A major part of the agenda was review of proposed Age of Consent legislation. The Subcommittee is also working on the pilot project as outlined in the Federal Block Grant plan. The next meeting of the Subcommittee will be March 24.

Sexual Minorities Subcommittee:

David King reviewed the minutes from the February 21 Subcommittee meeting (**handout**). The next meeting of the Subcommittee will be April 18.

Older Adults Subcommittee:

Josselyn Winslow provided an update of the activities of the Subcommittee. The Subcommittee reviewed proposed Legislation. Three members of the Subcommittee attended the CDMHP workshop at Western State Hospital on geriatric mental health. The next meeting of the Subcommittee is April 2.

Ethnic Minorities Subcommittee:

Diane Eschenbacher will provide a summary of the Subcommittee meeting at the next meeting of the Council.

Vocational Rehabilitation Committee:

Joann Freimund provided an update on activities of the Vocational Rehabilitation Committee, including impacts of the budget reductions. In particular, reductions in the Internship Program will be particularly difficult. DVR will be supporting the “Rose House” in Tacoma, based on the Fountain House Model. A question was raised about the “Ticket to Work” implementation. Karl Brimner stated that an update would be available at the next Council meeting.

ACTION: An update on the Ticket to Work implementation will be provided at the May 14 Council meeting.

Consumer Roundtable:

David King reported that the Consumer Roundtable has not met. The next meeting will be April 11.

Parent Council:

Jeannette Barnes provided an update on the work of the Parent Council on presenting workshops on individualized and tailored and wrap around services for children.

ACTION: Copies of the brochure “A Parent’s Guide to Individualized and Tailored Care” will be provided for the May 14 Council meeting.

MHD 03-05 Waiver/Contract/WAC Group:

Roger Bauer, Graydon Andrus and Becky Kellas have attended these Stakeholder meetings. The issues are very complex and fast-paced. They reviewed the 2/25/03 draft of the proposed levels of care guidelines and covered diagnoses (**handouts**).

ACTION: A copy of the latest information from the Waiver/Contract/WAC group will be provided for the May 14 Planning Council meeting.

Director’s Report:

Karl Brimner provided an update on the status of the budget in the Legislative process. In particular, there were concerns about obtaining necessary supplemental funding for forensic beds at Eastern State Hospital, and this appears to be in process. If funding is not obtained, a ward at Eastern State Hospital may have to be closed without money being transferred to the community. One of the most visible cuts being implemented is closure of the University of Washington forensic evaluation program at Western State Hospital.

Karl reported that Western State Hospital was recently surveyed by the Center for Medicare/Medicaid Services and the hospital is in the process of implementing corrective actions to maintain certification. Karl also reported that the MHD will be submitting a revised Medicaid waiver to the Center for Medicare/Medicaid Services on Monday. A tremendous amount of work has gone into this project.

ACTION: Karl Brimner will follow-up to the question on getting funding from the Medical Assistance Administration for Medicare/Medicaid crossover clients.

ACTION: Karl Brimner will initiate a discussion to explore options to provide residential services because the supplemental funding to implement the PCG study was not obtained.

ACTION: The Planning Council will be asked for input as the MHD six-year plan is being reviewed and updated with input from stakeholders.

ACTION: Karl Brimner will follow-up to the question on the status of the budget cut of the General Assistance Unemployable program.

Expanding Community Services:

Andy Toulon from the MHD provided an update on the Expanding Community Services (ECS) efforts to reduce the state hospital census by 178 beds by April 2003. He provided

a copy of the executive summary of the November 2002 legislative report (**handout**). The project is nearing completion, with the final 30 people scheduled for discharge and ward closure next month. He reviewed the phase-in implementation of the ward closures. The first two wards were closed at WSH due to the effects of the Nisqually earthquake. Substantial placement efforts for each person are implemented by the RSNs to assure successful community transition. Some of the people have experienced challenges, and a few have had to return to the hospital. However, most persons have experienced very positive outcomes through this initiative. DSHS Aging and Disability Services has also been very supportive in developing resources and providing additional funding for community facilities serving persons transitioning from the hospital geriatric and medical wards. The Washington Institute will be conducting an evaluation of this initiative, including consumer satisfaction.

Gil Thurston thanked Andy for his presentation and commended him for his efforts to successful implementation of the Expanding Community Services initiatives.

Next meeting:

Next meeting: May 14 at the SeaTac Holiday Inn. The meeting will begin at 9:30. Contact Sherrie Aho at (360) 902-0785 or Ahos@dshs.wa.gov for travel at least two weeks in advance. Members who will be absent must notify Gil Thurston, Kathy Peterson or Sherrie Aho or the absence will be counted as “unexcused.”

CALENDAR FOR 2003:

May 14, 2003 Sea-Tac Holiday Inn

June 25, 2003 in Yakima 5pm to 9 pm

August 13, 2003 All-stakeholders meeting, Sea-Tac Holiday Inn

October 8, 2003, Sea-Tac Holiday Inn

November 12, 2003, Sea-Tac Holiday Inn

A motion was made, seconded and passed to adjourn the meeting. Meeting adjourned.